

# Guernsey Disability Alliance



Equality - Dignity - Inclusion

**Carers meeting**  
**12<sup>th</sup> June 2018**

# Agenda

- 1 Welcome and introductions
- 2 Developing a Carers Action Plan and Carers' Survey  
Summary of Findings
  - Niki Cleal, Strategic Social Policy Officer, Supported Living and Ageing Well Strategy
- 3 Carers Guernsey
  - Peter Harwood, Chair Carers Guernsey
  - Alysa Martel, Manager of Carers Guernsey



States of  
Guernsey

# Developing a Carers Action Plan

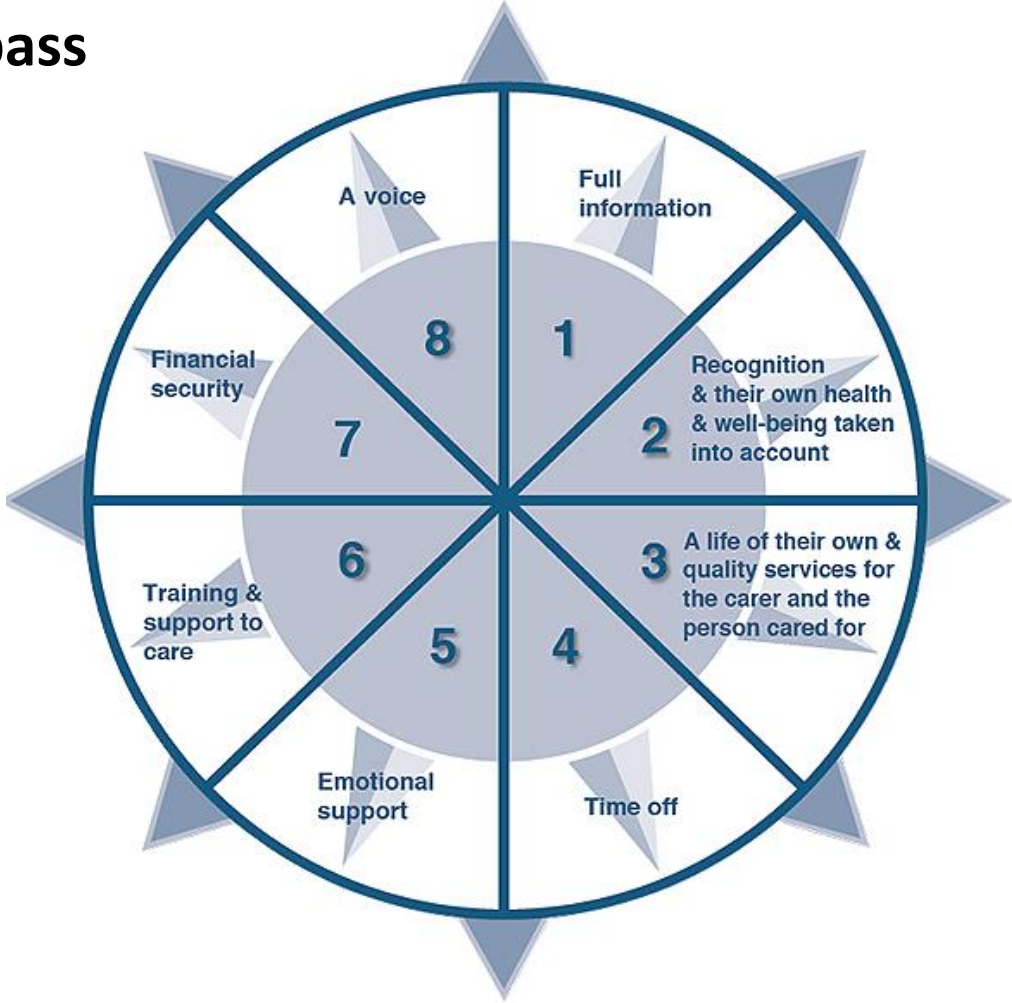
Niki Cleal, Strategic Social Policy Officer,  
Supported Living and Ageing Well Strategy

Presentation to GDA Event on Carers: 12<sup>th</sup> June 2018

# Why a Carers Action Plan?

- Supported Living and Ageing Well Strategy
- Resolution for the States to develop a Carers Strategy and report to the States
- Developing a States-wide Action Plan on Carers: 3 Stages -
  1. Consultation with Carers
  2. Development of Policy Proposals
  3. Publication of Carers Action Plan setting out what further support Carers need in the Bailiwick of Guernsey by end of 2018

# Carers Compass



Kings Fund, 1998

# Who have we consulted?

- Project Board with key representatives
- Carers groups: focus group discussions
- Carers survey – closed in March 2018 - received 289 responses
- Carers engagement events

# Carers' Action Plan is likely to cover

1. Information and Advice
2. Carer recognition and carer's health and wellbeing
3. High Quality Services
4. Time-off/ Respite
5. Emotional support
6. Training and Support
7. Financial Support
8. A Voice for Carers

# Next Steps:

- 1. Development of Policy Proposals:** to discuss the best solutions to the issues raised and how to realise them.
- 2. Carers Action Plan** to be published later in 2018, alongside summary of findings which will set out the feedback from the Carers' survey.



## Contact us:

[Niki.Cleal@gov.gg](mailto:Niki.Cleal@gov.gg) (01481) 717271

[Michelle.Dumont@gov.gg](mailto:Michelle.Dumont@gov.gg) (01481) 732546



# DEVELOPING SERVICES

*First 3 months and beyond*



## **Vision**

Carers Guernsey wants a society that respects, values and supports carers: where we can all care for loved ones without putting our own lives on hold and where no one has to care alone.

## **Mission**

To make life better for carers by:

- Providing emotional and practical support;
- Giving carers a voice in matters that affect them;
- Providing a central service for information and advice
- Helping to identify and develop various carers services.

**Information  
and  
awareness**

**Voice**

**Emotional  
support**

**Practical  
support**

# Who is a carer?

Anyone who cares (unpaid) for a friend or family member who due to illness, disability, mental health problems or addiction cannot cope without their support.

- Carers who need support to manage a life of their own

Young  
Carers

Ageing  
Carers

Employed  
Carers

'Sandwich'  
Carers

# 2018 Development Plan (Draft)

	June-Aug 2018	Sept-Dec 2018
<b>Governance and Set-up</b>	<ul style="list-style-type: none"> <li>● Premises</li> <li>● Policies and procedures</li> <li>● Telephony / IT</li> <li>● Bank a/c; insurance etc</li> <li>● Staff induction and training programme</li> <li>● Affiliations / validation arrangements</li> <li>● Research trip to Isle of Wight</li> <li>● Identifying tiers of need and target clients</li> </ul>	<ul style="list-style-type: none"> <li>● Volunteer induction pack and training programme set up</li> <li>● Carers' Network Forum set up</li> </ul>
<b>Information and awareness</b>	<ul style="list-style-type: none"> <li>● Carers Week PR</li> <li>● Mapping existing services and building partnership opportunities</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Signposting and Guide(s)</b> for carers</li> </ul>

# 2018 Development Plan (Draft)

	June-Aug 2018	Sept-Dec 2018
<b>Voice</b>	Research of carers' rights and need for advocacy	<ul style="list-style-type: none"> <li>● <b>Carers' on-line discussion forum</b></li> </ul>
<b>Emotional support</b>	<ul style="list-style-type: none"> <li>● Design of 1:1 support offering with carers</li> </ul>	<ul style="list-style-type: none"> <li>● <b>Pilot 1:1 Carers Outcomes Support Plan</b></li> </ul>
<b>Practical support</b>		

# 2019 onwards (Draft)

Young Carers	Ageing Carers	Employed Carers	'Sandwich' Carers
<b>Information and awareness</b>	<i>Carers Week activities Events - Carers' Fayre/Exhibition Signposting</i>		
<b>Voice</b>	<i>Employment support Care regulation</i>		
<b>Emotional support</b>	<i>Peer support groups 1:1 Outcomes Support Plan and mentoring / counselling</i>		
<b>Practical support</b>	<i>Training for carers Support for taking a break Crisis / out of hours hotline</i>		

## Have your say:

Identify a particular gap that you feel should be our priority.

Be as specific as possible - what problem needs to be solved?

What would you like to have happen?



## Making life better for carers

Information and advice

Emotional and practical support

Championing carers' rights and development of services



[info@carers.gg](mailto:info@carers.gg)



Follow [@carersguernsey](https://twitter.com/carersguernsey)



[www.carers.gg](http://www.carers.gg)