

Developing a Carers Action Plan



Deputy Heidi Soulsby, President of the Committee *for*Health and Social Care

Agenda for Carers Engagement Event

- Introduction and Welcome from Deputy Heidi
 Soulsby, President of the Committee for Health and Social Care
- Presentation from Niki Cleal, Strategic Social Policy
 Officer on the development of the Carers Action Plan
- Update from Peter Harwood, Chairman, Carers Guernsey on Carers Guernsey's latest plans
- Round-table discussions on the services and support that Carers should have access to and the key actions to include in the Carers Action Plan
- Feedback from round-table discussions
- Meeting close by 7.30pm





Niki Cleal,
Strategic Social Policy Officer,
Supported Living and Ageing
Well Strategy

Why a Carers Action Plan?

- Supported Living and Ageing Well Strategy
- Resolution for the States to develop a Carers
 Strategy and report to the States by June 2018
- Developing a States-wide Action Plan on Carers: 3 Stages -
 - 1. Consultation with Carers
 - 2. Development of Policy Proposals
 - 3. Publication of Carers Action Plan setting out what further support Carers need in the Bailiwick of Guernsey



Carers Compass Full A voice information 8 Financial Recognition security & their own health & well-being taken into account A life of their own & 6 quality services for Training & the carer and the support to person cared for 5 care **Emotional** Time off support

Kings Fund, 1998



Context within other States Work

- Supported Living and Ageing Well Strategy
- Disability Discrimination Legislation under development – should include discrimination against carers
- Last week the States agreed to proposals being developed for a right to request flexible working, which should support working carers



Who have we spoken to so far?

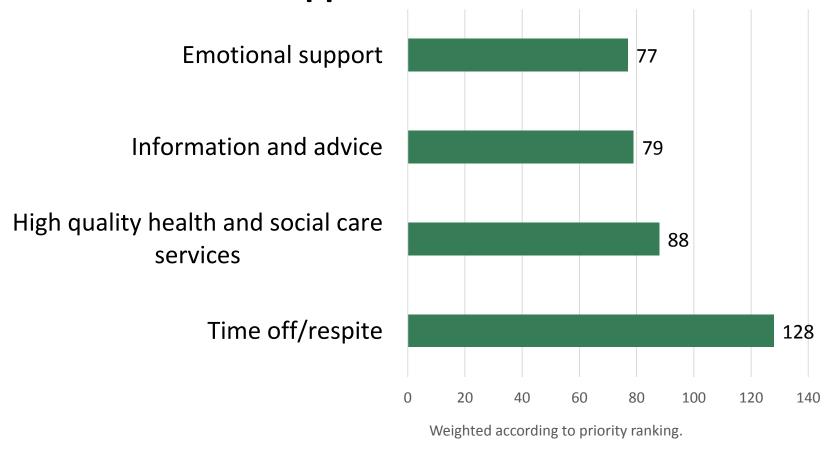
- Project Board with key representatives
- Carers groups
- Carers survey still open until 7th March 2018
- https://gov.gg/carersactionplan
- Hard copies: e-mail <u>carers@gov.gg</u> or call tel: 732546



Provisional feedback



What are the top three things that matter to you as a carer in terms of support for carers?





What top three things would you like to see included in the Carers Action Plan?

Financial support and work arrangements

High quality health and social care services

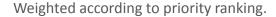
Information and advice

Time off/respite

62

77

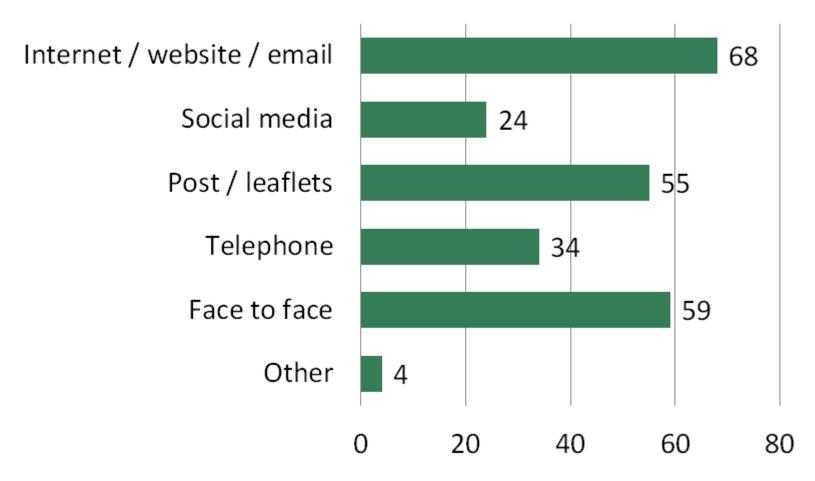
81





What are your preferred ways of accessing information?

(91 responses)





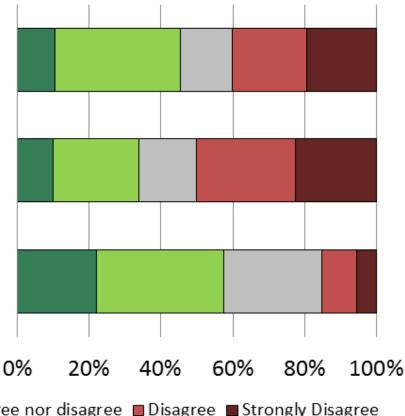
How do you feel about the information, advice and training you receive at the moment?

(86 responses)

I have access to the information I need about the needs / condition of the person I care for or support

I know where to go for information and advice about support for carers

I would like to be offered (further) training relevant to my caring role

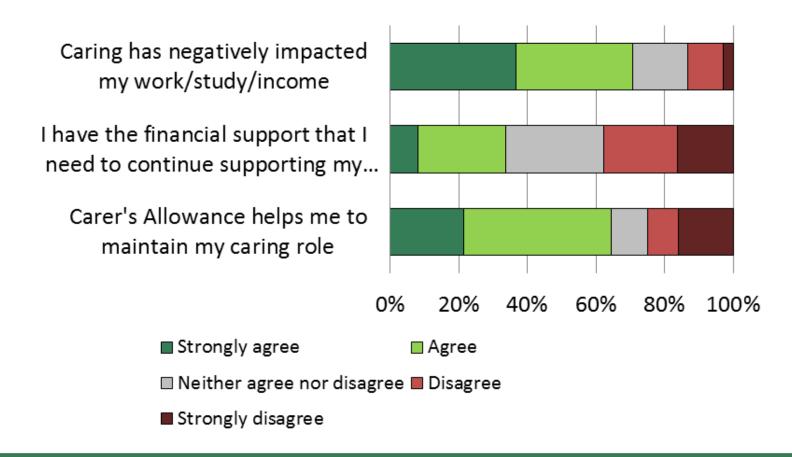


■ Strongly Agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly Disagree



How do you feel about work/study and your financial situation?

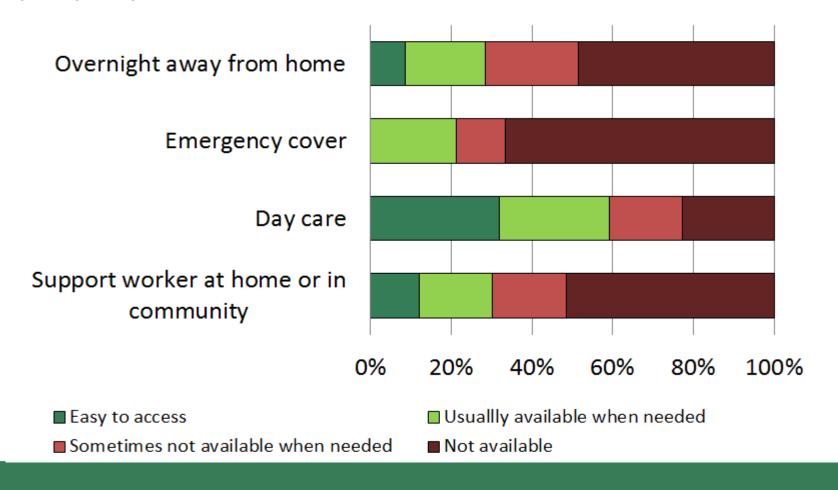
(84 responses)





To what extent have you found the following types of shortbreak service easy to access?

(80 responses)





How do you feel about your own wellbeing?

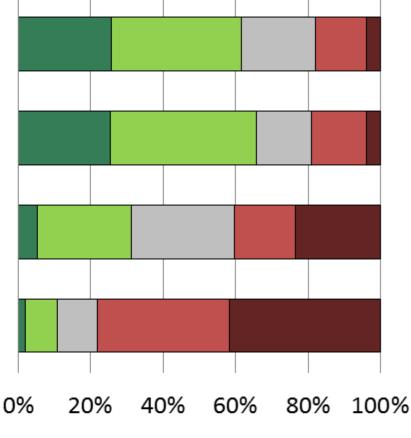
(84 responses)

Caring has negatively affected my physical wellbeing

Caring has negatively affected my mental wellbeing

I have the support I need to help me cope with these negative effects

I have had a Carers' Assessment



■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree



How do you feel about your contact with other carers and people's awareness of carers at the moment?

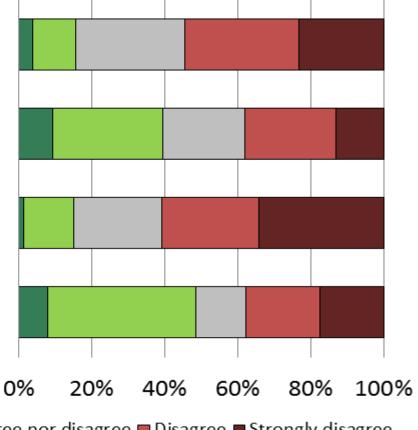
(82 responses)

I feel that carers collectively have a voice in the islands

As a carer, I am listened to by professionals planning services for the person I care for

People in the community are aware of carers' needs

I know other carers who I talk to about my caring role



■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree



Next Steps:

- 1. Finalise and publish findings: survey at https://www.gov.gg/carersactionplan
 Survey closes 7th March. The findings of this work will be written up.
- 2. Development of Policy Proposals: key staff will come together to further discuss the best solutions to the issues raised and how to realise them.



Who are we...



Carers Action Plan





Peter Harwood, Chairman, Carers Guernsey



Round-table discussions

Thinking about the topic area on your table:

- 1. What services or support currently work well for carers?
- 2. What would good service or support for carers look like?
- 3. What could be improved? What key actions would you like to see in the Carers Action Plan?





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